

Still Waters

Stagnant waters are still but can be revived by the rain.

Rushing water can be lost out the sides.

Calm water holds the entire story but in order to tell it has to move. How much it moves is in the telling.

Some stories are revived and some stories are lost. The movement and experience can undo the story.

Stored memory is the still stagnant water. It is triggered by movement or revived by added water. If left to the sun the water will evaporate, the memory moves into the spiritual realm or level. Not lost, not gone but it needs new awareness to regain physical life.

A trickle can become a stream – a river a torrent – and the reverse as possible. The memory is still contained in the water. It either is expanded or it contracts. The water is always seeking the sea, as we are always seeking the source from which we came.

–BARBARA LYNN